<u>ABSTRACT</u>

An absorbent article (40) such as a labial pad configured for disposition within the vestibule (42) of a female wearer. The labial pad may be worn by human females for catamenial purposes, incontinence protection or both, and has at least one notch (100) generally formed in the periphery thereof. In particular aspects, the article can include a notch located in at least one transverse end area of the article or in at least one longitudinal side of the article. In another aspect the notch can be located in an area of the article that is to be placed nearest the clitoris of the wearer. In a further aspect, the article can include a notch located in an area of the article that is to be placed nearest the perineum of the wearer.